# Helen McCarthy

**58 seconds in length**

Video Description: Helen McCarthy addresses the camera directly throughout the entire video

[Trent University Logo]

I'm Helen McCarthy and I am in my second year in sustainable agriculture and food systems program. Trent is the only school in Canada that offers a arts degree in Sustainable Agriculture. This program, because it's so interdisciplinary, brings so many different people and perspectives to the issues. Programs at other universities that I could find were all science-based agricultural programs, which is amazing and great and necessary. Trent was the only one I could find with an Arts degree. Coming to Peterborough with no connections here was actually really great. I was pretty scared coming to a small town from you know a big-city. It was really great. I actually really love Peterborough now and I don't think I could go back to a big city.

[Trent University Logo]