

TRAILL TALES

*Catharine Parr Traill College
Trent University*



A message from our College Principal Michael Eamon

Dear Traillites,

Yesterday, we were honoured to welcome TUARP (the Trent Association of Retired People) for their spring meeting in Bagnani Hall. After providing the land acknowledgement and a brief welcome, I offered a quick overview on activities at Traill and at the Colleges of Trent. In particular, I highlighted the preparations underway for the Gzowski College 20th anniversary and our own 60th anniversary next Fall. I also announced the upcoming free summer music and performance festival that will take place from June to August at Traill. After the meeting, TUARP retired to the Senior Common Room and a wonderful reception, replete with great conversations, was had.

Final touches are currently underway for our summer festival and we hope to officially announce the line-up of performers next week. I think readers of *Traill Tales* will find that we have brought together an eclectic mix of entertainers suitable for the whole family. I can hardly wait to see the community return to the Amphitheatre for our second season. Stay tuned to the next edition of the newsletter for more details.

As we head into the weekend, I wanted to remind everyone that Traill College will be closed on Monday to observe Victoria Day. I hope that everyone can have an enjoyable holiday.

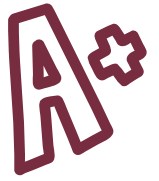
Until next week,

A handwritten signature in black ink, appearing to read "Michael Eamon". The signature is fluid and cursive, with a long horizontal stroke at the end.



Needing an Appointment?

Looking to book an academic appointment?



[Academic Advising](#) and [Academic Skills](#) appointments are available Monday to Friday on the [Student Experience Portal](#).

Trill College offers same-day appointments on Fridays from 9:00am - 4:00pm for both Advising and Skills. Book Advising at 705-748-1011 ex. 7333 or come to the college office to book in-person. Book Skills on the [Student Experience Portal](#). Appointments are on a first-come, first-served basis.

If you are a Graduate Student and require Academic Advising support, please reach out to graduate@trentu.ca or your home department.

Academic Advising helps you navigate your degree and understand university regulations



Academic Skills helps you refine your skills for success at university

Cabinet Corner



<https://www.trentu.ca/colleges/trail/belong/college-cabinet>

To keep up to date with the college, follow us on social media!

For the most up-to-date information on Trent University's events and news:
<https://www.trentu.ca/news/>

Swag Shop



*Click [here](#) to view our swag shop and order online!
Pick up orders and pay with cash at the College Office.*



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Backwoods Baking Presents:



Raspberry Lemon Loaf

([click here](#) for original recipe)

INGREDIENTS

Loaf

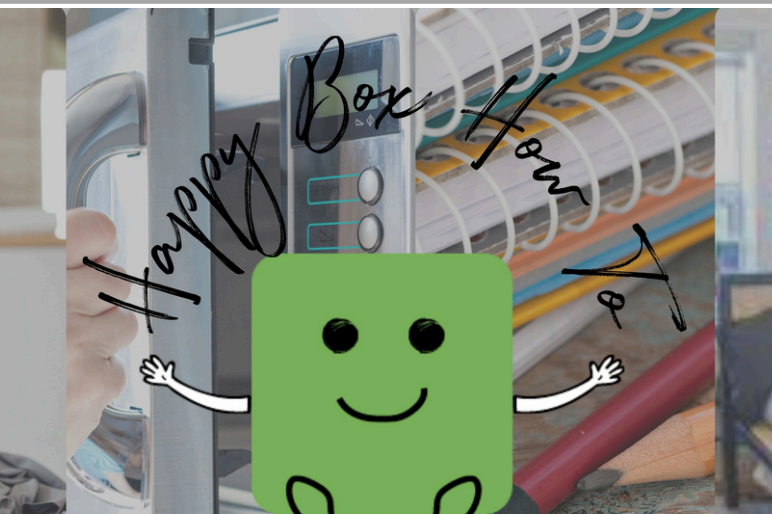
- 1/2 cup butter melted and slightly cooled
- 1 cup sugar
- 2 eggs
- Juice and zest of 1 lemon
- 1 1/2 cup all-purpose flour
- 1 teaspoon baking powder
- 1/2 cup milk
- 1 cup raspberries

Glaze:

- 1 cup powdered sugar
- 3-4 tablespoon lemon juice
- 1 tablespoon lemon zest

INSTRUCTIONS

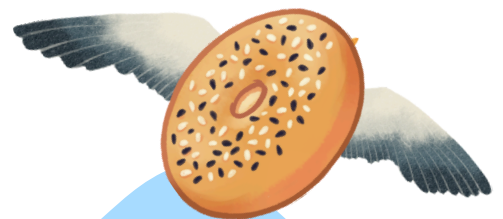
1. Preheat oven to 350 degrees F.
2. In large bowl mix together your butter and sugar and stir until incorporated.
3. Add in your eggs and lemon juice and zest and stir until blended.
4. Slowly add in your flour and baking powder mixing slightly before adding in your milk.
5. Stir until well blended, some lumps are fine.
6. Fold in your raspberries breaking them apart while stirring.
7. Spray a 9"x5" loaf pan with non-stick cooking spray and pour batter inside.
8. Bake for about 1 hour or until center is set and toothpick comes out clean.
9. Remove from oven, cool in pan for about 5 minutes before removing to wire rack to cool completely.
10. Mix together all your glaze ingredients, once bread is cooled pour glaze over top and spread out.



Check out our video on how to book an academic advising appointment! Click on Trail's [YouTube channel](#) to view

Trail Mix

Why do seagulls fly over the sea?
If they flew over the bay, they would be bagels.



What's going on at the College on the Hill?



Pizza Fridays

Every Friday
Starting May 10th

TRAILL COLLEGE
Bagnani Hall
12:00 PM - 1:00 PM

**\$5 ALL YOU CAN EAT PIZZA
+ DRINK + DESSERT!**

Catharine Parr Trill College
Nunc cognosco ex parte

A cartoon pizza slice character with a smiling face, wearing a red hat and holding a pepperoni slice.

Pizza Fridays are back!!! Join us for Trill College's iconic summer tradition! Every Friday in Bagnani Hall, enjoy all-you-can-eat pizza, a drink, and a dessert for just \$5. [Click here to register.](#)



Friday Writing
Graduate Writers' Group

Starting May 17!

Every Friday
10:30am - 11:30am

- Goal setting
- Momentum & motivation building
- Tips for perfectionists
- Join Pizza Friday at Trill

ACADEMIC SKILLS
AT TRILL COLLEGE

Catharine Parr Trill College
Nunc cognosco ex parte

QR code

A sun icon and a quill pen icon.

Join us on Fridays starting May 17th for our Graduate student writing group! Available on Zoom or in WH226. [Register here](#) for the workshop, and while you're at it stay for Pizza Friday and register for \$5 lunches to refuel!



Macbeth

May 23 -25, 2024

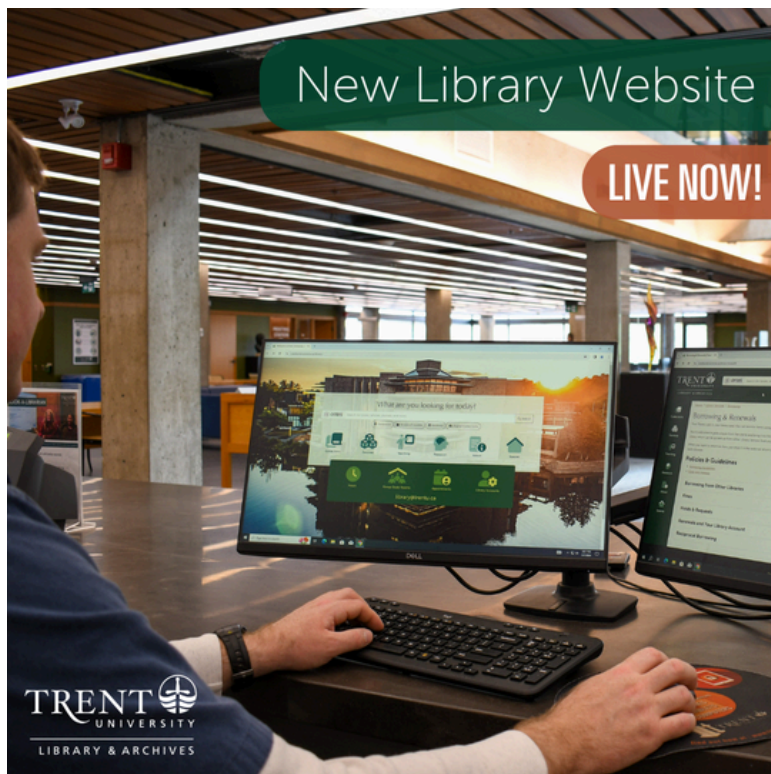
MARKET HALL PAC

[TICKETS.MARKETHALL.ORG](https://tickets.markethall.org)

@electriccityplayers

A lit candle against a black background.

The Electric City Players present Shakespeare's Macbeth. Running at Market Hall from May 23rd to 25th. Tickets can be purchased through the Market Hall Website found [here](https://tickets.markethall.org).



New Library Website

LIVE NOW!

TRENT UNIVERSITY
LIBRARY & ARCHIVES

A person is shown from the side, sitting at a desk in a library and using a computer. The computer screen displays the new library website interface.

Trent University Library & Archives are excited to announce the launch of their new website! Everyone is invited to explore the new site and provide feedback on further improvements. [Please share your thoughts here!](#)



Student Supports

We want you to know you are supported on-campus and in the community. Every week we will rotate through groups who can support your unique self!



This week we are highlighting Academic Advising

Undergraduate academic advising at Trent is an on-going educational partnership between advisor and advisee that is dedicated to student learning, development, and success. Academic Advisors help undergraduate students clarify their academic goals, decide which courses to take, understand academic regulations and degree requirements, connect with the services they need and, ultimately, take charge of their own education.

If you are looking to petition an assignment grade, your final grade, your academic standing, or for a late withdrawal meeting with an Academic Advisor is the first step in that process. Petitions are different for everyone so even if you are unsure if this is what is best for you connecting with an Advisor is always a great idea.

Hello!



PEER SUPPORT

AT TRENT UNIVERSITY

Check out the Student Experience Portal at ccr.trentu.ca to book a session.

Monday to Thursday 12-3pm.

Fun Fridays from 12-2pm.

@peersupporttrent on IG or FB

Looking for another student's perspective? Book a peer support appointment Monday to Thursday 12pm-4pm through the **Student Experience Portal!**

Here to listen and support. Let's connect.



CAREERSPACE

CAREERS & EXPERIENCES

Careerspace is here to help you get a jump start on your career! With practical hands-on experiences, workshops, online resources, and career counseling, our services are available to students all year round!

Visit our office on the 3rd floor of the Student Centre, send us an email, call, or book an appointment on trentu.ca/sep and start preparing for your future. And remember, don't wait 'til you graduate, we're here to help now!

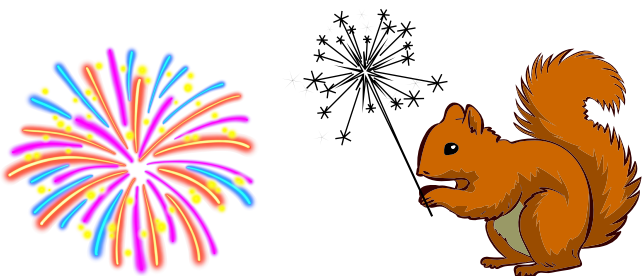
Wellness Resources

<https://canadasafetycouncil.org/fireworks-safety-tips/>

With Victoria Day coming up on the 20th of May it is important to know some firework safety.

Not all fireworks are the same, so it is important to read the instructions on how to properly use them. Fireworks are explosives and should be handled with care, even after they have been lighted.

The best way to enjoy fireworks is to attend a scheduled display put on by your local government; however, if you are to host your own event is important to make sure that anyone who has consumed any drugs or alcohol does not handle the fireworks.

A poster titled "TRAILL COLLEGE PRESENTS Fireworks Safety". It lists five safety tips: 1. Read the instructions, 2. Light any fireworks at a distance pointed away from others, 3. Do not hold a lighted firework in your hand, 4. Have a bucket of sand, water, and a working fire extinguisher on hand, 5. DO NOT handle if you are impaired by drugs or alcohol. The poster features colorful fireworks illustrations and a cartoon green box character holding a firework stick next to a black silhouette of a person also holding a firework stick.

TRAILL COLLEGE PRESENTS

Fireworks Safety

1. Read the instructions
2. Light any fireworks at a distance pointed away from others
3. Do not hold a lighted firework in your hand
4. Have a bucket of sand, water, and a working fire extinguisher on hand
5. DO NOT handle if you are impaired by drugs or alcohol



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"Just one small positive thought in the morning can change your whole day." – Dalai Lama